



Special Olympics
New York

Volunteers Needed!

Silks & Satins 5K Run

Saturday, July 28, 2007

Saratoga Springs, New York

- Complete this application and return it to the address listed below by **July 20**.
- All Pre-registered Volunteers will receive credentials, a T-shirt to wear, and a pass to the track.
- All Pre-registered Volunteers will receive confirmation of their volunteer assignment in writing by July 25.

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<i>Title (Mr./Ms., Etc.)</i>	<i>First Name</i>	<i>Last Name</i>	<i>Circle Shirt Size</i>
<i>Mailing Address</i>		<i>City</i>	<i>State</i> <i>Zip</i>
<i>Age (If Under 16)</i>	<i>Day Phone</i>	<i>Evening Phone</i>	
<i>Company/Organization Representing</i>		<i>E-mail address</i>	

Please list your job preference below. Job descriptions and schedules are on the back of this page. If you have a preference for a specific job, please indicate it on the lines below. If no preference is indicated, we will assign you where most needed.

Please list your job preference here

First Choice _____

Second Choice _____

Return By July 20

**5K Run Volunteers
Special Olympics New York
504 Balltown Road
Schenectady, NY 12304**

Or Fax to (518)388-0795

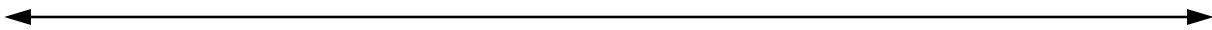


Job Descriptions and Schedules!

Below is a list of some of the jobs to which we will be assigning volunteers. This will give you a general idea of what volunteers will be doing at the 5K Run. Schedules are subject to change as the event draws nearer. The pre-registered volunteer's confirmation packet will have the most up-to-date schedules.

While the start times of the jobs are very early, the event is completely done by noon, allowing you to volunteer without giving up an entire day. All pre-registered volunteers receive a T-shirt and a pass to the track (Saratoga Race Course) for that day. Volunteer parking is available at no cost in the NYRA lot while space is available.

Special Olympics provides year-round sports training and athletic competition in a variety of Olympic-style sports for children and adults with mental retardation, giving them continuing opportunities to develop physical fitness, demonstrate courage and experience joy. Please support Special Olympics New York by volunteering your time!



START LINE/GOODY BAGS (6:30 a.m.): Staging of runners, distribution of goody bags.

FINISH LINE/CHIP RETURN (7:30 a.m.): Assist with times and scoring, funnel runners.

WATER STOPS (7:00 a.m.): Fill cups and give water as runners go past. Clean up after runners pass.

SET UP (5:00 a.m.): General set up at registration, raffle, awards and decorations. May require some lifting.

PARKING ATTENDANTS (5:30 a.m.): Direct traffic into lots.

REGISTRATION/GOODY BAGS (5:30 a.m.) Jobs include runner sign in, T-shirt and goody bag distribution.

TRAFFIC MONITORS: (7:00 a.m.) Stop cars at intersections, direct runners.

AWARDS (7:30 a.m.): Set up, organize and distribute awards.

CLEAN UP (9:00 A.M.) Load trucks, pick up garbage, take down tables and chairs, etc. Lifting is required.

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